

2019 MIAC Women's Indoor Track & Field Championship Preview

Posted: Feb 20, 2019

BLOOMINGTON, Minn. – The 2019 Minnesota Intercollegiate Athletic Conference (MIAC) Indoor Track and Field Championships are set to get underway on Thursday.

Twelve women's teams from around the MIAC will compete in the three-day meet held Thursday-Saturday at St. Olaf College in Northfield, Minn. The University of St. Thomas will be defending its conference title for the 20th straight season this weekend. The Tommies have won the MIAC women's indoor championship 31 times in the 34-year history of the meet. That said, with multiple MIAC record-breakers and Division III leaders in the field of competition this year, there will be no shortage of challengers for the conference crown.

The MIAC Indoor Track and Field Championships begin Thursday with the multi-event competitions. The women's pentathlon starts at 2:00 p.m. with the men's heptathlon beginning 20 minutes later. The heptathlon finishes up Friday morning at 10 a.m., with Friday's field events set to start at 2:30 p.m. and track to follow at 4:00 p.m. Saturday's final session starts with 11:00 a.m. field events and 1:00 p.m. track events.

Saturday's final event begins at 4:05 p.m., and there will be a short awards ceremony following the conclusion of the meet to honor both team champions. The top three individuals in each event and the first-place relay team will automatically earn All-Conference honors, and the 4th-through-6th place finishers in each open event and 2nd-through-6th place relay teams will all be named All-Conference Honorable Mention.

FOLLOW THE ACTION

The MIAC has a [homepage](#) dedicated to the 2019 Indoor Championships, complete with venue and admission information, [the event schedule](#), entries, heat sheets and links to follow the action via [webcast](#) and [real-time results](#). Results, recaps, and multimedia coverage of the Championships will be available throughout the event.

| [PENTATHLON PROGRAM](#) | [WOMEN'S PERFORMANCE LIST](#) | [WOMEN'S MEET PROGRAM](#) |

KEEP AN EYE ON

Augsburg sophomore **Jada Lewis** clocked in at a personal-record time of 00:07.72 in the 60-meter dash at last Saturday's Parents Day Open. The time ranks fifth in Division III this year and is 00:00.05 faster than her MIAC-winning time in the event at last year's Championships. The conference record is 00:07.62, set by St. Thomas' Mallory Burnham at the 2014 Indoor Championships.

Bethel's 4x400 relay team of **Hannah Sankey**, **Dalia Labatt**, **Corin McKinstrey**, and **AddieKay Johnson** has the fastest time in D-III this season with a converted time of 03:50.31 at the Parents Day Open last weekend. The team's flat track time of 03:53.36 broke a nine-year-old conference record and is more than three seconds faster than the current MIAC meet record of 03:56.85, set by St. Thomas in 2009. Labatt ranks among the nation's top-50 in four different events and is the defending MIAC champ in the 400-meter dash.

Carleton sophomore **Amanda Mosborg** is nationally ranked in a pair of distance events, as her time of 10:11.90 in the 3,000 meters is 37th in Division III and her 5,000-meter time of 17:49.30 is 44th. Mosborg finished seventh in the 3,000 meters at last year's MIAC Championships.

First-year Concordia shotputter **Cayle Hovland** ranks 17th in Division III after recording a distance of 43' 6" at the Bison Open earlier this month. Hovland's older sister, Bailey, took second in the weight throw in her final MIAC indoor meet last February.

Gustavus junior **Kate Keelin** logged a weight throw of 51' 11.25" at last weekend's Maverick Invite, good for the 33rd-longest in Division III. Keelin took third in the event at last year's MIAC Championships.

Hamline senior **Gabby Brown** has the best time in the nation this season in the 60-meter hurdles, recording a time of 00:08.76 at last Saturday's Parents Day Open. That time is just shy of Mallory Burnham's MIAC record of 00:08.66, set at the 2014 Indoor Championships. Brown won the MIAC title in the 60 hurdles as a sophomore in 2017.



Macalester senior **Phoebe Aguiar** broke the MIAC record in the 800 meters with a time of 02:11.24 at the University of Minnesota Parents Day Open on Saturday. The adjusted time of 02:09.75 is also the fastest time in Division III this season. Aguiar's time topped the previous MIAC record of 02:11.39, set by Bethel's Marie Borner in 2010. Aguiar won the 600-meter race at last year's MIAC Championships.

Saint Benedict senior **Jenna Degen** scored 3,234 points in the pentathlon at the Bison Open earlier this month, the 20th-best score in D-III this year. Degen was the MIAC pentathlon champion in 2017 with a score of 3,330 at the Indoor Championships.

St. Catherine triple-jumper **Elsie Lundquist** notched a distance of 36' 4" at the St. Thomas Showcase two weeks ago to crack Division III's top-50 list. Lundquist was the ninth-place finisher in the pentathlon in her MIAC debut last season.

Saint Mary's sophomore **Rachel Ohde** had a high jump of 5' 5.25" at the Parents Day Open last Saturday. That leap ranks 15th in Division III this season and would have topped the field at last year's MIAC Championships. Ohde finished 14th at the 2018 MIAC meet.

St. Olaf junior **Johanna Glaaser** clocked in at 00:57.84 in the 400 meters at December's Chuck Petersen Open. That time has remained in Division III's top 25 all season. Glaaser was part of the Oles' 4x200 relay team that took second at the 2018 MIAC Indoor Championships.

St. Thomas senior **Grace Bordson** had a leap of 5' 6" in the high jump at the St. Thomas Showcase on February 8. That distance currently ranks ninth in Division III. Bordson is the defending MIAC champ in the high jump and finished second in the event in 2017. Fellow field athlete **Megan Gehrke** ranks fifth in the country in the shot put, having thrown a distance of 45' 10.5" at her first collegiate meet back in December.